

grown & grazed

volume 2

a letter from the farm manager

There's a certain magic to Thursday mornings. It's when our hydroponics team comes together - seeding, transplanting, and harvesting with one shared purpose: serving the community. I'm incredibly grateful to be part of a team that not only supports me but also supports each other. Over the past few months, we've encountered challenges, but everyone's unique insights have helped us turn those hurdles into victories. The diversity within our team is what makes our work successful.

Our community is filled with individuals from all walks of life, each with their own stories and experiences. It's easy to take that for granted, but I encourage you to take a moment to connect with each other and uncover what makes each person at Pleasant View so unique. As both a young farmer and young adult, I have learned so much from those surrounding me at Pleasant View in the last six months. Take a moment to learn and teach one another while offering grace. While each day is meaningful to my journey here, Thursdays are a constant reminder of how fortunate I am to be surrounded by such a remarkable team and community.



seasonal updates

We are currently growing lettuce, spinach, basil, kale, greens, and microgreens in our hydroponics.

We are also growing flowers and vegetables inside our portable greenhouse!

contact

Questions, comments, concerns or suggestions may be directed to Olivia! To submit questions for our question corner you can email them to oclair@pvcommunities.org, call in at 717-664-6267 or place a note in Olivia's mailbox.

hydroponics

Last quarter we were focused on putting together an expansion to our current main system. The additional system has been successfully constructed and now houses our basil and spinach plants.

The hydroponics team works hard to seed and harvest greens to provide for our community clients. In order to continue our fight against food insecurity, we are harvesting roughly 60 to 70 pounds of produce each week.

Hydroponics meets every Thursday from 9:30 am-12:00 pm.



animals

Springtime is in the air and the animals are just as excited as we are to be welcoming the warm weather!

The animals have been staying content in their pens, although they are beginning to get restless. You can see them becoming more active as they make their way around their pens, chewing any sight of green grass growing. As the sun shines, they take any opportunity to lay in the beams and enjoy a bit of sunbathing.

Stay tuned for communications about walking the animals in the coming months!



sustainability spotlight

We use an NFT or nutrient-film technique system to grow hydroponically. This system uses water from a reservoir and combines it with nutrients for the plants. This nutrient solution then cycles back through the system, creating a sustainable way to grow without wasting water.

produce spotlight

One of the popular lettuces that we grow in our hydroponics is red gem lettuce. These small bib lettuces have a mild, sweet flavor and crisp texture, making it a perfect addition to salads, sandwiches and wraps. Its striking color adds a pop of visual appeal to any dish!



your green thumb wanted!

Contact Olivia if you'd like to be a part of the composting team or greenhouse team on campus! Details and information to follow.

question column

Q: Are there any plans for the farm near the Cultural Center?

A: Yes! There are numerous plans for that space. We are handling it in phases, with the first phase being the construction of high tunnels.

Q: How can I get involved in walking the animals?

A: There are many opportunities to get involved. You can volunteer to walk the animals on Fridays during the warm weather or join us during our farm social hours!

Reach out to Olivia for more information.

community impact

"I'm immensely proud that we have been able to build a hydroponics farm serving so many different members of the community, all with a small group of retired volunteers!"

-Steve Seitz

featured event

National Agriculture Day

March 18th, 2025

This year Pleasant View hosted its first annual celebration of National Agriculture Day that took place on Tuesday, March 18th! Residents were invited to participate in the numerous interactive displays, hydroponics tours, and smoothie making. There were residents socializing with one another, creating an opportunity for everyone to share their farming memories, and learn from one another. The event gave everyone the chance to bond over a shared passion, whether it had been burning for years, or newly sparked through conversation. Pleasant View is an impressive and fortunate community that celebrates the good times, while living in the good times.



get involved!

“gather & grow” workshops

Pleasant View’s Ag Department is launching a series of farm-based workshops for the residents.

These interactive workshops will touch on different topics in agriculture and include a take home project.

The first workshop will be held on April 22nd from 10:00 am-11:00 am in the Activities Center and focus on growing your own microgreens.

Residents, please register on WellZesta if interested.

“tails & tales” farm social hour

Join your neighbors and farm friends as we walk and socialize with one another!

Tails & Tales will meet down at the animals each Tuesday of each month. We will walk the animals from 9:00-10:00 am.

Everyone is welcome!

Please contact Olivia if interested to be included in communications.

**quarterly
stats**

(Jan-March)

There have been
1,728 heads of
lettuce harvested.

There have been
1,779 eggs
collected.

There have been
roughly 2,570
plants
transplanted in
the hydroponics.



farm funnies

**what do you call a horse that
lives next to your house?**

A neigh-bor

**how do you make a
vegetable laugh?**

You tell it a corny joke!

word search

HENS
GROWTH
HARVEST
SEEDLING
TROUGH
FERTILIZER
HOOVES
CLUCK
ALPACA
SPROUTING

S	P	R	O	U	T	I	N	G	T	E	U	O	G
V	N	U	D	I	U	R	T	V	R	W	O	F	C
R	S	S	N	U	I	U	G	R	O	N	V	G	H
G	E	K	D	S	G	C	E	R	U	L	O	H	O
H	I	Z	R	P	F	S	O	K	G	E	R	K	H
A	O	T	I	E	E	T	I	G	H	O	N	C	O
I	C	H	S	L	H	A	R	V	E	S	T	U	O
U	O	A	C	E	I	A	O	G	W	T	C	L	V
V	G	E	P	E	E	T	O	H	O	E	P	C	E
L	H	S	N	L	K	D	R	E	S	N	T	H	S
T	O	N	V	C	A	T	L	E	I	E	U	T	R
O	T	E	T	T	S	O	C	I	F	S	A	C	C
G	N	H	E	V	N	K	R	A	N	L	W	P	C
H	T	W	O	R	G	I	G	N	O	G	N	V	O

