

grown & grazed

volume 7

a letter from the farm manager

With a shining sun and green grass growing, the spring and summer seasons offer nothing but new growth and the encouragement of change.

The farm has remained busy thus far into the year with events, activities, volunteers, construction, and engagement.

Each day, residents, staff, and members of the community can be seen using the walking path to look at our beautiful campus and the farm we are continuing to build.

Some folks are new to the farm, asking what the purpose is and who we are doing it for and the answer is quite simple: for the community.

Words and plans are constantly buzzing as we cultivate a farm that offers purpose, sustainability, learning, and grace to everyone that interacts with it.

I encourage you all to continually engage with the farm, the community, and one another and dig deeper into what each individual outlet has to offer you.



seasonal updates

In our hydroponics, we are currently growing lettuce, basil, parsley, dill, and cherry tomatoes!

contact

Questions, comments, concerns or suggestions may be directed to Olivia! To submit questions for our question corner you can email them to oclair@pvcommunities.org, call in at 717-664-6267 or place a note in Olivia's mailbox.

hydroponics

The hydroponics system has continued to provide us with consistent production and enjoyment for our campus.

Our new cherry tomato crop has been ripening and producing tomatoes each week. These tomatoes are given to Hearth and Harrow in addition to the herbs and lettuce we grow in our system.

Recently, we grew parsley and basil seedlings down in our nursery. Once they were big enough, we transplanted them into the Hearth and Harrow plant wall to transform it into an ornamental and edible interior green space.

On Thursdays, the lettuce from hydroponics is sold in the TSN mail room.

For a fresh and bright summer crunch, enjoy our local produce!



animals

The animals down at the farm have been nothing but active since the temperatures have warmed up and spring is in full swing!

In April, we were able to welcome Manheim Central's Life Skills students back to the farm, where they enjoyed walking the animals, giving them treats, and collecting eggs.

In addition to the Life Skills students making their return to the farm, we've also brought on more volunteers to assist with walking the animals and engaging with the farm.

In other parts of campus, you might have seen the goats come back to visit the courtyard each month or make their debut at a wedding recently hosted at the Cultural Center!



meet snowball!

We are so excited to welcome a new addition to the farm...a miniature horse, Snowball! Snowball was adopted by Pleasant View from residents who recently moved into campus.

Although she is 20 years old, she's still got quite the personality and spirit! As you may have noticed, Snowball's barn sits further down in the pasture than the other barns. She gets to enjoy the time away to have her own space, as we work on continually integrating her into the farm, and hopefully allow her to run with other our animals in the future. Her barn positioning and placement was thought out, to ensure she gets the proper access to her pasture, and so folks visiting her can view her with ease! Rest assured that she is cared for thoroughly along with the other animals at the farm and happy as could be. We are so happy she is here, so be sure to stop by the farm and say hello when you get the chance!



celebrating national dairy month



This month's Gather and Grow workshop featured making your own butter



In Personal Care we explored making our own vanilla ice cream



There were cows hidden throughout campus for our residents to find and get a treat

featured event

Goats, Floats, and Notes!

At the beginning of May, we kicked off the warm season with an afternoon filled with root beer floats, live music, and a visit from the Hoffer Farm goats! Residents from all levels of care and staff gathered to enjoy the time and have a blast on the patio together.



summer plant kick-off

At the end of May, Manheim Central generously donated a plethora of tomato, pepper, herb, and squash plants to Pleasant View for residents and staff to kick off their summer gardens. Individuals came out to the courtyard, picked out their plants, and got to gardening shortly thereafter!



storytime on the farm

Manheim Community Library hosted two of their storytimes down at the farm at the beginning of May. While there, they read farm-themed stories, learned about and interacted with our Hoffer Farm animals, and did a farm-themed craft.





partnership spotlight

In April, members from Manheim's FFA came to Pleasant View to show the demonstration that they presented at the PA Farm Show in January. Residents were able to gather and hear the presentation and enjoy some of the popcorn grown right here on campus!



cool for the summer

No more fretting for the warmer temperatures since our animals got their hair cut for the summertime! This year's shearing took place on May 26th, down at the farm, where both our alpacas and sheep got shaved down. In addition to the sheep and alpacas, Snowball also got a major hair cut on her winter coat, making her a lot cooler as well.



sustainability spotlight

We preserve our pasture health in the grazing season by rotating pastures and creating an intentional grazing schedule. Healthy pastures provide ample nutrition for our animals and help to support biodiversity, soil nutrition, and subdue erosion.

animal spotlight

You know them, you love them!

If you've ever interacted with Grace, Buttercup, or Daisy, you know they are filled with sass, personality, and fun. Pygmy goats have a very curious and bright personality, making them a constant joy and highlight of the farm.



community impact

"The sunsets are beautiful in the evenings. I often will see others from the community, including moms and their children, walking and commenting on how they enjoy the path and seeing the animals. The growth and beauty of the farm brings smiles from the residents and community alike."

-Lavonne Lehman

question column

Q: can we have an update on the high tunnels?

A: The high tunnels are still in active construction. We have added the framework for end walls and added more framing on the sides of the tunnels as well. The plastic will be added in the coming months to finish the construction.

Q: what happens to the wool that gets sheared from the animals?

A: The alpaca wool gets sorted into grades and sent to the fiber mill. At the fiber mill, the best wool is spun into yarn and the remaining wool is made into roving and wool pellets. These wool products are then sold at the Pleasant View Craft Bazaar.

recipe corner

Simple Butter Lettuce Salad

Ingredients

One head of butterhead lettuce
1/4 cup toasted breadcrumbs
2 ounces grated manchego
1/2 cup pitted and halved olives
2 tablespoons chives
1 tablespoon black pepper

Directions

Mix all ingredients together, add your favorite vinaigrette, and serve cold!

quarterly stats

(April-June)

There have been **2,160 seeds** sown in hydroponics.

There have been **25.8 pounds** of herbs harvested.

There have been **173.5 pounds** of lettuce harvested.



farm funnies

why do cows have hooves instead of feet?

Because they lac-tose!

what's a taxi driver's favorite vegetable?

A cab-bage!

word search

- HORSE
- TOMATO
- SNOWBALL
- DAIRY
- GARDEN
- ANIMALS
- SHEARING
- BUTTERHEAD
- ENGAGEMENT
- BLOOMING

U	E	S	F	M	F	R	F	X	W	K	C	X	V
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B	N	S	H	O	X	N	A	Q	K	J	A	R	J
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